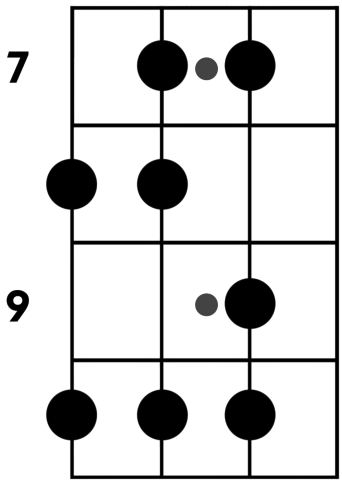
7 DAYS TO SCALES

Here's everything you need to follow along with the 7 Days to Bass Scales lesson on the BassBuzz Youtube channel, so you can learn all the most important bass scales from one easy practice routine.

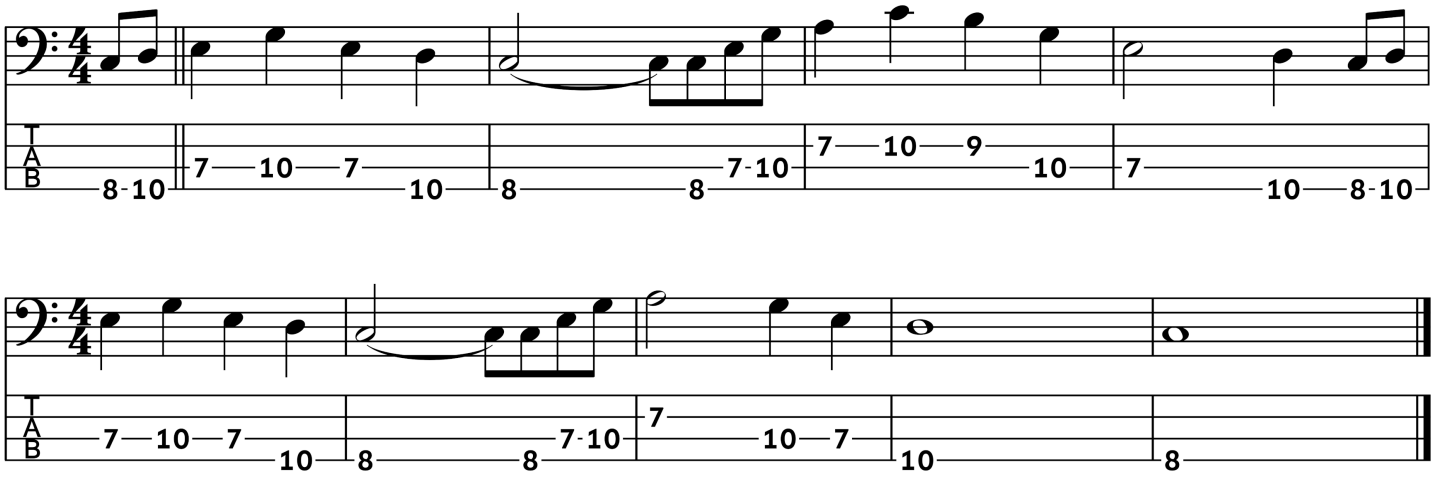
Day *1* - Major Scale



Sounds like...

- Happy
- Christmas
- Disney

The Riff: Howard Shore - Shire Theme

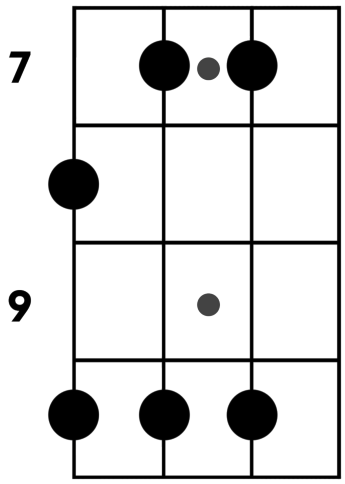


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Your Homework

→ 5m: Review Scale Shape
→ 5m: Play the Riff
→ Bonus: Cast Ring into Fire

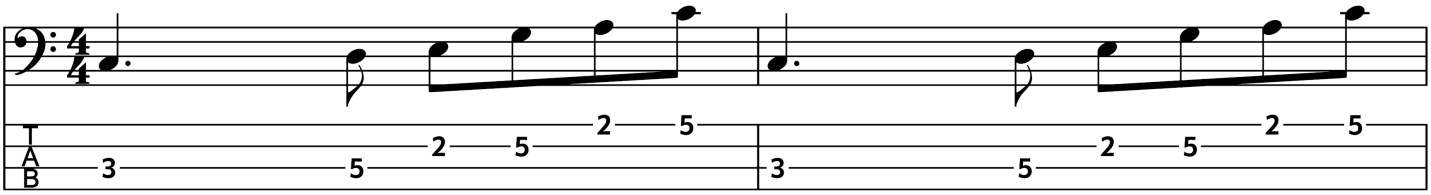
Day 2 - Major Pentatonic



Sounds like...

- Sweet n Smooth
- Motown
- Mellow blues

The Riff: The Temptations - My Girl



Your Homework

→ 5m: Review Scale Shape
→ 3m: Play the Riff
→ 2m: Review Day 1

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Day 3 - Improv

Today you'll use the major and major pentatonic scales to improvise. Hurray. [Here are the drone tracks you can improv along with.]

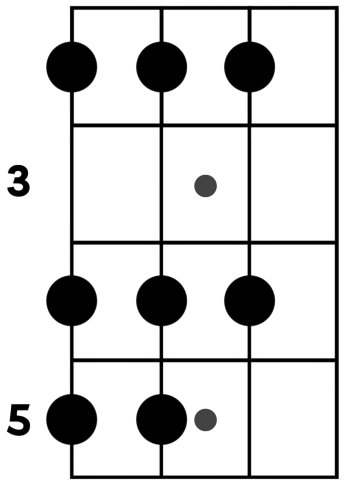
What to think about when improvising with scales:

- Start by playing the scale in order
- Then try playing the notes in a different order
- You can follow your curiosity - "*ooh I wonder if I went from this note to this note, hrm it sounded like that, neat*"
- Or you can be super math nerdy and do sequences of what number note in the scale, like 13 24 35 46 57 68
- Rhythm is flexible - try loosey goosey flowing melody, or stick your own groove in there

Your Homework

→ 3m: Warm Up on Shapes
→ 7m: Improvise with Drone

Day 4 - Minor Scale

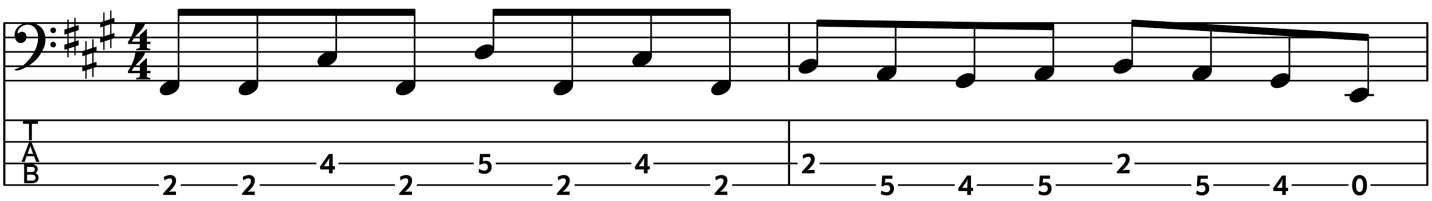


Sounds like...

- Sad n Melancholy
- Feel Good Inc.
- The Chain

BASSBUZZ

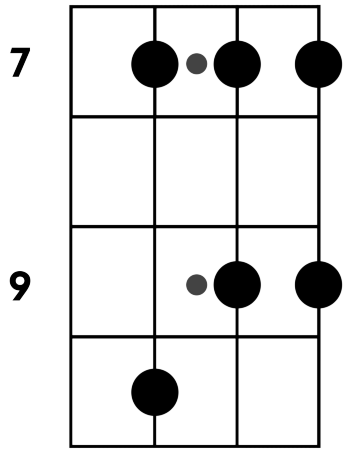
The Riff: Ozzy Osbourne - Crazy Train



Your Homework

→ 5m: Review All Shapes
→ 5m: Play Your Favorite Riffs

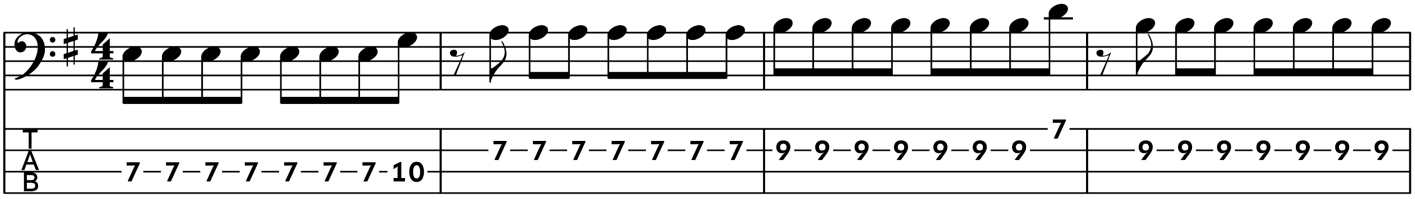
Day 5 - Minor Pentatonic



Sounds like...

- Badass Riffs
- Like, basically all of the badass riffs

The Riff: Eddie Floyd - Knock on Wood



BASS BUZZ

Your Homework

→ 5m: Review All Shapes
→ 5m: Play Your Favorite Riffs

Day 6 - Improv Again

Today you'll use the minor and minor pentatonic scales to improvise. And there was much rejoicing.

Here are the drone tracks again.

What to think about when improvising with scales:

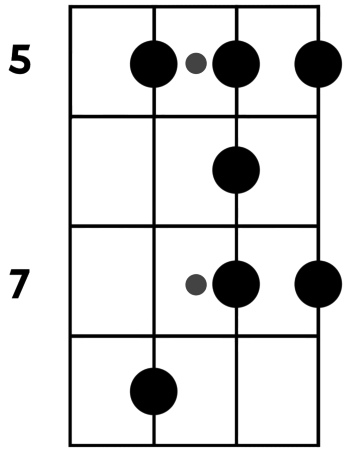
- Start by playing the scale in order
- Then try playing the notes in a different order
- You can follow your curiosity - "*ooh I wonder if I went from this note to this note, hrm it sounded like that, neat*"
- Or you can be super math nerdy and do sequences of what number note in the scale, like 13 24 35 46 57 68
- Rhythm is flexible - try loosey goosey flowing melody, or stick your own groove in there

Your Homework

→ 3m: Warm Up on Shapes
→ 7m: Improvise with Drone

BASS BUZZ
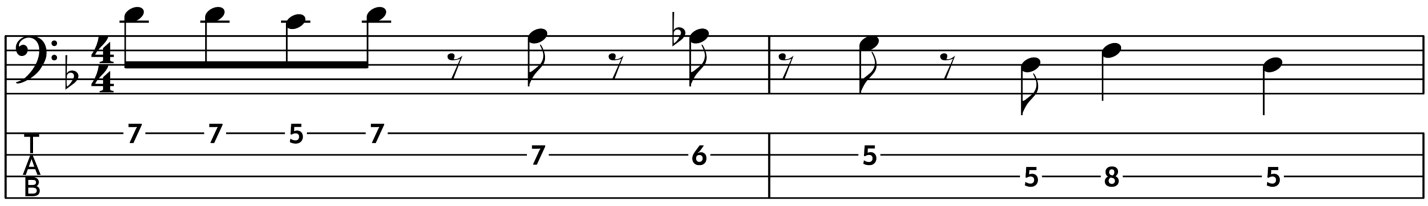
Day 7 - Blues Scale



Sounds like...

- Spicier Minor Pentatonic
- Heartbreaker

The Riff: Cream - Sunshine of Your Love



Your Homework

→ 5m: Review All Shapes & Riffs
→ 5m: Improvise Blues Scale with Drone

And if you really wanna learn scales by playing music and improvising... you should check out my **Beginner to Badass course.**

Many students before you have learned to create their own bass lines using scales with my Improv Formula method that magically makes it not hard. Plus you'll build up your technique, learn essential theory, and play tons of music.

Click here to check it out

BASS BUZZ